



# Supplement Facts

Serving Size 3 Gummies

Amount Per Serving	% Daily Value in Pregnancy	
Calories	24	
Total Carbohydrates	5 g	†*
Sugars	5 g	†*
Vitamin A (as Vitamin A palmitate)	330 mcg RAE	14%
Vitamin C (as ascorbic acid)	30 mg	50%
Vitamin D (as cholecalciferol)	25 mcg	250%
Vitamin E (as d-alpha tocopheryl acetate)	6.75 mg	50%
Niacin (as niacinamide)	15 mg NE	75%
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg	100%
Folate (as folic acid)	1700 mcg DFE	125%
Vitamin B12 (as cyanocobalamin)	8 mcg	100%
Iron (as ferric orthophosphate)	10 mg	56%
Iodine (as potassium iodide)	150 mcg	100%
<b>Choline (as choline bitartrate)</b> 10 mg †		
<b>Omega 3 fatty acid</b> 104.5 mg †		
Docosahexaenoic acid (DHA)	75 mg	†
Eicosapentaenoic acid (EPA)	15.3 mg	†
Other Omega 3 fatty acid	14.2 mg	†

† Daily Value not established

\* Percent Daily Values based on 2,000 calorie diet.

**Other Ingredients:** Sugar, glucose syrup, water, gelatin, lactic acid, citric acid, mixed berry flavor, Certicoat 580 (contains mineral oil and Carnuba wax), Natural Color and Masking flavor. **Contains soybean and fish oil (cod).**