



Prolonged use of iron salts may produce iron storage disease.

Folic acid, especially in doses above 0.1 mg daily, may obscure pernicious anemia, in that hematologic remission may occur while neurological manifestations remain progressive. The use of folic acid doses above 1 mg daily may precipitate or exacerbate the neurological damage of vitamin B12 deficiency.

Consumption of more than 3 grams of omega-3 fatty acids per day from all sources may lead to excessive bleeding. Supplemental intake of omega-3 fatty acids such as DHA exceeding 2 grams per day is not recommended.

Avoid Overdosage. **Keep out of the reach of children.**

**DRUG INTERACTIONS:** Medications for an overactive thyroid (anti-thyroid drugs) used in conjunction with iodine supplementation may lead to hypothyroidism.

Medications for hypertension used in conjunction with iodine supplementation may increase potassium levels in blood.

High doses of folic acid may result in decreased serum levels of the anticonvulsant drugs; carbamazepine, fosphenytoin, phenytoin, phenobarbital, valproic acid. Folic acid may decrease a patient's response to methotrexate.

Vitamin D supplementation should not be given with large amounts of calcium in those with hypercalcemia or conditions that may lead to hypercalcemia such as hyperparathyroidism and those who form calcium-containing kidney stones.

Zinc can inhibit the absorption of certain antibiotics; take at least 2 hours apart to minimize interactions.

Consult appropriate references for additional specific vitamin-drug interactions.

**INFORMATION FOR PATIENTS:** Patients should be counseled to disclose all medical conditions, including use of all medications, vitamins and supplements, pregnancy, and breast-feeding.

**PEDIATRIC USE:** Not for pediatric use.

**ADVERSE REACTIONS:** Adverse reactions have been reported with specific vitamins and minerals, but generally at doses substantially higher than those in Vitafo<sup>®</sup> Fe<sup>+</sup>. However, allergic and idiosyncratic reactions are possible at any dose. Reported adverse events include skin ailments, gastrointestinal complaints, glucose abnormalities, and visual problems.

You should call your doctor for medical advice about adverse or unexpected reactions. To report to the company an adverse event or obtain product information, call 1-877-324-9349.

**DOSAGE AND ADMINISTRATION:** Take one softgel capsule by mouth daily during pregnancy, or as directed by a physician.

**HOW SUPPLIED:** Vitafo<sup>®</sup> Fe<sup>+</sup> is available as a purple, oval shaped softgel capsule imprinted "EX0096". Available in Box of Unit-Dose pack of 30 (5 child resistant blister cards containing 6 softgel capsules), (0642-7473-30) and as professional samples (0642-7473-01).

Store at room temperature, approximately 15°-30°C (59°-86°F), avoid excessive heat above 30°C (86°F), light and moisture.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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**Distributed by:**  
**Exeltis USA, Inc.**  
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July 2024

4733001-05

MODPAK PROOF

Vitafo<sup>®</sup>-FE 4733001-04  
Flat size is 2.75" x 8.5"  
Folded 2.75" x 4.25"  
Rev. February 2023  
PDF Proof date: 03-09-23

Customer Signature \_\_\_\_\_  
Approved  Not Approved \_\_\_\_\_  
Comments: \_\_\_\_\_